

## March Breakfast and Lunch Menu 2018

Every breakfast and lunch served with choice of milk. Breakfast 1.00 Lunch \$2.55  
 Emergency substitutions may be necessary.  
**Only white milk on cereal days.**

### LUTHERAN SCHOOLS WEEK IS MARCH 5-9

**Breakfast requirements**  
**½ c. fruit or veg.**  
**1 bread or cereal**  
**1 oz. meat or 1 bread/cereal**  
**Milk**

26	<b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Oven Crispy Nuggets!</b> Baked Beans Whole Wheat Dinner Roll Choice of Fruit	27	<b>Breakfast:</b> Choice of Cereal Toast Fruit <b>Lunch:</b> <b>Hamburger on WG Roll</b> Fruit Choice Corn off the Cob	28	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Pasta Day Your Way!</b> Tossed Salad or Green Beans Whole Wheat Dinner Roll Choice of Fruit	1	<b>Breakfast:</b> Choice of cereal Toast Fruit <b>Lunch:</b> <b>Grilled Cheese</b> Tomato Soup Baby Carrots Fruit Choice	2	<b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Pizza Dippers</b> Marinara Sauce      Baked Beans Choice of Fruit
5	<b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>(Kindergarten-2nd Choice)</b> <b>Baked Chicken</b> Baked Potato Fruit Choice Ice Cream	6	<b>Breakfast:</b> Choice of Cereal Toast Fruit <b>Lunch:</b> <b>(3rd &amp; 4th Grade Choice)</b> <b>Pizza Burgers</b> Onion Rings Fruit Choice Corn, Oreo Fluff	7	<b>Breakfast:</b> Pancakes Fruit Cup <b>Lunch:</b> <b>(5th &amp; 6th Grade Choice)</b> <b>Pizza Dippers</b> Sauce Salad Fruit Choice Dirt Cup	8	<b>Breakfast:</b> Breakfast Bites Fruit <b>Lunch:</b> <b>(7th &amp; 8th Grade Choice)</b> <b>Chicken Patty</b> Fries Corn Fruit Choice Pie	9	<b>Breakfast:</b> Choice of Cereal Toast Fruit Cup <b>Lunch:</b> <b>(Teachers Choice)</b> <b>Lasagna/Spaghetti Salad</b> <b>Garlic Bread</b> <b>Cheesecake</b>
12	<b>Breakfast:</b> Cereal Toast Fruit <b>Lunch:</b> <b>Hamburger on WG Roll</b> Fruit Choice Corn off the Cob	13	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Pasta Day Your Way!</b> Tossed Salad or Green Beans Whole Wheat Dinner Roll Choice of Fruit	14	<b>Breakfast:</b> Cereal Toast Fruit <b>Lunch:</b> <b>Mini Corn Dogs</b> Baked Beans Fruit Choice	15	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Mexican Taco Salad!</b> <b>Taco Chips &amp; Taco Meat</b> Cheddar Cheese Lettuce Cup    Spicy Salsa Brown Rice, Refried Beans Fruit Choice	16	<b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Freshly made Sausage, Pepperoni, Cheese or Combo Pizza</b> Green Salad Fruit Choice
19	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Oven Crispy Nuggets!</b> Baked French Fries Whole Wheat Dinner Roll Corn off the Cob Choice of Fruit	20	<b>Breakfast:</b> Choice of Cereal Toast, Fruit <b>Lunch:</b> <b>Baked to Perfection!</b> <b>Baked Cheese Sandwich</b> Hot Tomato Soup, Crackers Baby Carrots Choice of Fruit	21	<b>Breakfast:</b> Pancakes Juice <b>Lunch:</b> <b>Sub Sandwich</b> <b>Cheese and Turkey</b> Chips Carrot sticks Fruit Choice Whole Wheat Cookie	22	<b>Breakfast:</b> Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>It's Breakfast for Lunch:</b> <b>Sweet Warm Pancakes</b> Yogurt Baby Carrots Orange Smiles	23	<b>Breakfast:</b> Choice of Cereal Fruit <b>Lunch:</b> <b>Chicken Patty</b> Whole Wheat Bun Baked Beans Choice of Fruit
26	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Ham Slice</b> Rice Choice of Fruit Bread	27	<b>Breakfast:</b> Cereal Toast Fruit <b>Lunch:</b> <b>Hamburger on WG Roll</b> Baked Beans Fruit Choice	28	Breakfast: Scrambled Eggs Toast Fruit <b>Lunch:</b> <b>Freshly made Sausage, Pepperoni, Cheese or Combo Pizza</b> Green Salad Fruit Choice	29	<b>Breakfast:</b> Pancakes Fruit <b>Lunch:</b> <b>Mexican Taco Salad!</b> <b>Taco Chips &amp; Taco Meat</b> Cheddar Cheese Lettuce Cup    Spicy Salsa Brown Rice, Refried Beans Fruit Choice	30	<b>Breakfast:</b> Cereal Toast Fruit <b>Lunch:</b> <b>Pizza Dippers</b> Marinara Sauce Green Beans Fruit Choice

USDA is an equal opportunity provider and employer. Did you know that if you qualify for free or reduced lunches, breakfast is free. If you have any questions call Diane at 384-5121